

Assistant Professor. Dr. Karwan Kakamad

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Education	October 1998 – August 2003	Hallo High School	Chamchamal, Kurdistan-Iraq
	November 2003-2007	Salahadin University, College of Education. Psychology department	Soran-Kurdistan, Iraq
	January 2012-2013	Southern Illinois University-Carbondale. Masters in Curriculum and instruction-Educational Psychology counseling psychology	Carbondale, IL, USA
	January 2020	P.h.D at Soran University-Psycholinguistics	Soran, Iraq
Professional Experience	Summers 2006 – 2007	Kurdistan high school, counselor& teacher	Sulaimaniha, Kurdistan, Iraq
	Summer 2008- fall 2010	Assistant teacher and researcher in the Psychology department Soran University	Soran, Kurdistan, Iraq.
	Fall 2013-countiniung	lecturer, Faculty of Arts, Psychology department	Soran, Kurdistan, Iraq.
	Fall 2013-2019	Director of Student Services	
	Fall 2013-continuing	Member of the test committee	
	Fall 2013-continuing	Member of University disciplinary Committee	
	Fall 2020- continuing Chair/ Soran University	Department of Psychology Counsling and mental Health	
	January- 2020 continuing	Tutapona International Advisory Committee-USA	
	January- 2020 continuing	Youbelong International Board Member. Australia	
	September 2024, continuing	Head of Academic promotion at the Faculty of Arts	
Professional Memberships	<ul style="list-style-type: none">• Psychology Department Chair• The reviewer at Educational Research and Reviews-Academic Journals.org• Member of Kurdistan Psychologists• Taught in High school 12 grade for one year• Taught undergrad students at all levels• Teaching 450 teachers how to teach	<ul style="list-style-type: none">• Member in psychological research.• Director of the counseling department at the Faculty of Arts.• The reviewer at Elsevier Journal International Journal of Educational Development• Won Ph.D. assistantship in SIUC in the USA	

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- Head of Program facilitator at Tutapona for Trauma rehabilitation
- Editorial board at Passer of Basic and Applied Science
- Editor-in-Chief, Aran Journal
- YouBelong International Board member in Australia
- Tutapona International Advisory Committee in the USA
- Editorial board at Iraqi Journal of Psychological Counseling

Skills

- Experience in leadership roles
- Organizational skills
- Teaching skills at the University
- Adult teaching
- Teaching planning skills
- English, Kurdish, and Arabic reading and good understanding
- Basic computer skills
- Internet/Smart Board skills
- Working well with parents and children
- Research
- Counselling Psychologist Statistics Tests and measurements

Research

Ahmed, D. R., Ahmed, J. O., Kakamad, K. K., Rahim, T. J., HamahAmeen, N. R., & Heun, R. (2026). "Self-burning is the only way to show how painful women's lives are". An qualitative study of the social context of suicidal self-burning among Iraqi Kurdish women. *BMC Women's Health*.

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Smail, H. H., & Kakamad, K. K. (2025). A Psycholinguistic Analysis of Communication Challenges in Autism: Insights from Dr. Shaun Murphy in the Good Doctor Series. *Twejer Journal*, 8(2), 163-215.

Kakamad, K. K., Saeed, S. I., Qadr, Y. A., Ahmed, J. O., & Qasab, Z. A. (2025). Mental Health and Self-esteem: A Comparative Study between Dyslexic and Nondyslexic Students. *Annals of Indian Psychiatry*, 10-4103.

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Saeed, S. I., Ahmed Sr, J. O., Kakamad, K., & Najmadden, Z. (2024). Abu Zayd Ahmed ibn Sahl Al-Balkhi (850-934): A Pioneer in the Field of Psychotherapy and Mental Health. *Cureus*, 16(8).

Ahmed, J. O., Kakamad, K. K., Najmadden, Z. B., & Saeed, S. I. (2024). Abu Bakr Muhammad Ibn Zakariya Al-Razi (Rhazes)(865-925): The Founder of the First Psychiatric Ward. *Cureus*, 16(7).

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Kakamad, K., & City-Erbil, S. (2014). Preparing Iraqi Kurdish Students for Postgraduate Study in the United States: Perceptions and Proposals. *International Journal of Education and Research*, 2(12).

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Kakamad, K. (2013). *University School Systems in Kurdistan Region of Iraq: How can they better prepare students to study in the west* (Doctoral dissertation, Southern Illinois University Carbondale).

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Kakamad, Karwan Kakabra¹; Ahmed, Jaafar Omer^{1,2}; Awla, Ghareeba Hussein¹; Ahmad, Sozy Taha¹. Mental Health Fluctuations around Election Periods: A Longitudinal Study on Stress, Anxiety, and Depression. *Annals of Indian Psychiatry* ():10.4103/aip.aip_206_25, May 04, 2026. | DOI: 10.4103/aip.aip_206_25

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Google scholar: <https://scholar.google.com/citations?user=i0xj-I8AAAAJ&hl=en&oi=ao>

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