

<h1>Curriculum Vitae</h1>		<p>phone: 00964 (0)7504485887 00964 (0)7824485887 talha.omar@pe.soran.edu.iq</p>
PERSONAL INFORMATION	<ul style="list-style-type: none"> • Full Name : TALHA KHANAFDL OMAR • Date of Birth : January -15 -1983 • Place of Birth : Erbil • Citizenship: Kurdish - Iraqi • permanent address: Erbil • Marital Status : Married • Gender : Male 	
EDUCATION	<ul style="list-style-type: none"> • Graduated from Collage of physical Education Salahaddin University-Erbil 2005-2006 (Bachelor degree) Language of instruction: Arabic • Graduated from School of physical Education and sports Institute of health Sciences Near East University – Cyprus 2014-2015 (Master degree) Language of instruction: English <p>Master thesis title: Effect of 12 weeks aerobic and anaerobic training on some physiological and body composition variables of under 20 years old male football players</p> <ul style="list-style-type: none"> • Graduated from School of physical Education and sports / faculty of education / Soran University 2020 2023 (Phd Degree) Language of instruction: English <p>Phd dissertation title : The Effect of Spaced and Massed Practice Strategies on Learning Some Football Fundamental Skills for Students</p>	
EMPLOYMENT	<ul style="list-style-type: none"> • Shaqlawa Education Directorate, Teacher at Harir intermediate School for boys January -02- 2007 To October – 06 – 2009 • Polytechnic University/Erbil , Shaqlawa Technical Institute, Head of Athletic unit October – 07 -2009 to December -08-2013 • Soran University /Faculty of education –School of physical education and sports Lecturer in teaching methods and basic football skills December -08-2013 till Now 	

SKILLS	Language				
	Language	Writing	Reading	Speaking	Listening
	Arabic	Fluent	Fluent	Fluent	Fluent
	English	Very good	Fluent	Very good	Very good
<ul style="list-style-type: none"> • English proficiency certificate from Language Center of Salahaddin University / Erbil - in July – 2010. • English proficiency certificate from (International students center) University of pune / India - in November – 2011-2012. • IELTS overall 5 score on 22 / April/ 2017 <hr/>					
Summary of research <hr/> Publication	Publication:				
	<ul style="list-style-type: none"> • OMAR, Talha khan A. The obstacles that women face in practicing recreational sports in some parts of Erbil Governorate. <i>Academic Journal of Nawroz University</i>, [S.I.], v. 9, n. 4, p. 117-918, oct. 2020. ISSN 2520-789X. DOI: https://doi.org/10.25007/ajnu.v9n4a918 • OMAR, Talha khan A. "Study the reality of teaching competencies of the school of physical education at Soran University from the students' point of view"., <i>Al-Qadisiya Journal for the Sciences of Physical Education</i> ISSN (Print) 7791-1991 (Online) 2313-3635, • OMAR, Talha khan A. "Effect of 12 weeks aerobic and anaerobic training on some physiological and body composition variables of under 20 years old male football players", <i>Central European Journal of Sport Science and Medicine</i>, (CEJSSM) (Print ISSN 2300-9705; e-ISSN 2353-2807), DOI: 10.18276/cej, scopus • The effect of spaced and massed practice teaching method in some type of passing and dribbling in football • Differences in the Effect of using spaced and massed practice teaching methods on learning receiving and control skills in football" • <hr/>				
Participation	Participation of research activity and events:				
	<ul style="list-style-type: none"> • Participated in the Conference on “research in physical education and sports science” organized by department of physical education, Pune university / India, 16th March, 2012. • Participated in the 1st interdisciplinary national Conference on (Mud therapy & mud Sports) it is a Unique conference to promote mud therapy and mud sports, organized by APT Research foundation pune / India, in association with department of physical education, Pune university, 31th March, 2012. • Participated in the 2nd Annual student conference of faculty of education / Soran university – 9th May 2015. 				

Supervision

- Participated and presentation with my students in the 1st Annual student conference of Soran university – 18th May 2015.
- Participated in the 3rd Annual student conference of faculty of education / Soran university – 9th May 2016.
- Participated in the 2nd Annual student conference of Soran university – 17th May 2016.
- Participated in the 4th Annual student conference of faculty of education / Soran university – 8th May 2015.
- Participated in the 3rd Annual student conference of Soran university – 16th May 2017.

Supervision of B.Sc student research

- **Supervisor for two research (BSc student) in the school of physical education and sports of Soran university (2015–2016)**
 - ✓ Abilities of specific physical fitness and relationship to some offensive football skills performance
 - ✓ Effect of small games on development of some basic skills and physical fitness of the football players aged (11-12 years)
- **Supervisor for two research BSc student in the school of physical education and sports of Soran university (2016–2017)**
 - ✓ Effect of practical lessons on the cardiovascular endurance of first stage students in the School of Physical Education of Soran University
 - ✓ The relationship speed movement reaction and explosive power of legs on accuracy overwhelming blow of Badminton
- **Supervisor for two research BSc student in the school of physical education and sports of Soran university (2017–2018)**
 - ✓ Study of Perceptions of Constraints Towards Recreational Sports Participation of Female Undergraduate Students at Soran University (**structural preventive factors**)

✓ Study of Perceptions of Constraints Towards Recreational Sports Participation of Female Undergraduate Students at Soran University (**individually and interpersonal preventive factors**)

- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2018–2019)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2019–2020)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2020–2021)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2021–2022)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2022–2023)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2023–2024)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2024–2025)
- Supervisor for one research BSc student in the school of physical education and sports of Soran university (2025–2026) in process