

Curriculum Vitae		phone: 00964 (0)7504485887 00964 (0)7824485887 talha.omar@pe.soran.edu.iq
PERSONAL INFORMATION	<ul style="list-style-type: none">• Full Name : TALHA KHANAFDL OMAR• Date of Birth : January -15 -1983• Place of Birth : Erbil• Citizenship: Kurdistan - Iraqi• permanent address: Erbil• Marital Status : Married• Gender : Male	
EDUCATION	<ul style="list-style-type: none">• Graduated from Collage of physical Education Salahaddin University-Erbil 2005-2006 (Bachelor degree) Language of instruction: Arabic• Graduated from School of physical Education and sports Institute of health Sciences Near East University – Cyprus 2014-2015 (Master degree) Language of instruction: English <p>Master thesis title: Effect of 12 weeks aerobic and anaerobic training on some physiological and body composition variables of under 20 years old male football players</p> <ul style="list-style-type: none">• Graduated from School of physical Education and sports / faculty of education / Soran University 2020 2023 (Phd Degree) Language of instruction: English <p>Phd dissertation title : The Effect of Spaced and Massed Practice Strategies on Learning Some Football Fundamental Skills for Students</p>	
EMPLOYMENT	<ul style="list-style-type: none">• Shaqlawa Education Directorate, Teacher at Harir intermediate School for boys January -02- 2007 To October – 06 – 2009• Polytechnic University/Erbil , Shaqlawa Technical Institute, Head of Athletic unit October – 07 -2009 to December -08-2013• Soran University /Faculty of education –School of physical education and sports Lecturer in teaching methods and basic football skills December -08-2013 till Now	

SKILLS	Language				
	Language	Writing	Reading	Speaking	Listening
	Arabic	Fluent	Fluent	Fluent	Fluent
	English	Very good	Fluent	Very good	Very good
	<ul style="list-style-type: none"> English proficiency certificate from Language Center of Salahaddin University / Erbil - in July – 2010. English proficiency certificate from (International students center) University of pune / India - in November – 2011-2012. IELTS overall 5 score on 22 / April/ 2017 <p>-----</p>				
Summary of research	Publication:				
Publication	<ul style="list-style-type: none"> OMAR, Talha khan A. The obstacles that women face in practicing recreational sports in some parts of Erbil Governorate. <i>Academic Journal of Nawroz University</i>, [S.I.], v. 9, n. 4, p. 117-918, oct. 2020. ISSN 2520-789X. DOI: https://doi.org/10.25007/ajnu.v9n4a918 OMAR, Talha khan A. "Study the reality of teaching competencies of the school of physical education at Soran University from the students' point of view"., <i>Al-Qadisiya Journal for the Sciences of Physical Education</i> ISSN (Print) 7791-1991 (Online) 2313-3635, OMAR, Talha khan A. "Effect of 12 weeks aerobic and anaerobic training on some physiological and body composition variables of under 20 years old male football players", <i>Central European Journal of Sport Science and Medicine</i>, (CEJSSM) (Print ISSN 2300-9705; e-ISSN 2353-2807), DOI: 10.18276/cej, scopus The effect of spaced and massed practice teaching method in some type of passing and dribbling in football Differences in the Effect of using spaced and massed practice teaching methods on learning receiving and control skills in football" . <p>=====</p>				
Participation	<p>Participation of research activity and events:</p> <ul style="list-style-type: none"> Participated in the Conference on “research in physical education and sports science” organized by department of physical education, Pune university / India, 16th March, 2012. Participated in the 1st interdisciplinary national Conference on (Mud therapy & mud Sports) it is a Unique conference to promote mud therapy and mud sports, organized by APT Research foundation pune / India, in association with department of physical education, Pune university, 31th March, 2012. Participated in the 2nd Annual student conference of faculty of education / Soran university – 9th May 2015. 				

Supervision

- Participated and presentation with my students in the 1st Annual student conference of Soran university – 18th May 2015.
 - Participated in the 3rd Annual student conference of faculty of education / Soran university – 9th May 2016.
 - Participated in the 2nd Annual student conference of Soran university – 17th May 2016.
 - Participated in the 4th Annual student conference of faculty of education / Soran university – 8th May 2015.
 - Participated in the 3rd Annual student conference of Soran university – 16th May 2017.
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Supervision of B.Sc student research

- Supervisor for two research (BSc student) in the school of physical education and sports of Soran university (2015–2016)
 - ✓ Abilities of specific physical fitness and relationship to some offensive football skills performance
 - ✓ Effect of small games on development of some basic skills and physical fitness of the football players aged (11-12 years)
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- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2016–2017)
 - ✓ Effect of practical lessons on the cardiovascular endurance of first stage students in the School of Physical Education of Soran University
 - ✓ The relationship speed movement reaction and explosive power of legs on accuracy overwhelming blow of Badminton
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- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2017–2018)
 - ✓ Study of Perceptions of Constraints Towards Recreational Sports Participation of Female Undergraduate Students at Soran University (structural preventive factors)

✓ Study of Perceptions of Constraints Towards Recreational Sports Participation of Female Undergraduate Students at Soran University (**individually and interpersonal preventive factors**)

- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2018–2019)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2019–2020)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2020–2021)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2021–2022)
- Supervisor for three research BSc student in the school of physical education and sports of Soran university (2022–2023)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2023–2024)
- Supervisor for two research BSc student in the school of physical education and sports of Soran university (2024–2025)
- Supervisor for one research BSc student in the school of physical education and sports of Soran university (2025–2026) in process